

FROM UNDERSTANDING TO ACTION: PUTTING PERSONALITY SCIENCE TO WORK IN YOUR WORKPLACE

Understanding personality in the workplace

Do you believe that a deeper understanding of personality and interpersonal relationships could boost your team's performance, drive success, and foster a more collaborative work environment? If so, this keynote presentation is perfect for you!

Join Dr. Mike Drayton as he explores the most validated psychological model of personality, the "Big Five," and demonstrates how it can help you understand yourself and others more fully, leading to valuable skills that improve cooperation, communication, conflict resolution, decision-making, coaching, leadership, and staff retention.

Delve into how the trait of openness can spur creativity and innovation in the workplace, and discover how conscientiousness can bolster organisational skills and task completion. Investigate the impacts of extraversion and agreeableness on communication and collaboration, and examine how neuroticism can influence stress levels and emotional resilience.

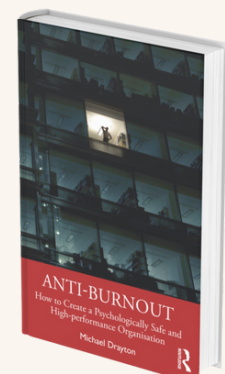
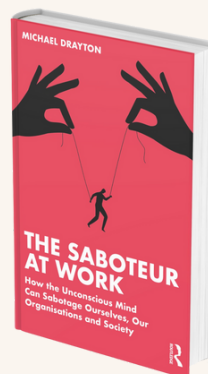
Whether you are aiming to elevate your team's performance, enhance your leadership skills, or simply gain a richer understanding of personality and interpersonal relationships, Dr. Mike Drayton's presentation is the ideal solution.

Don't miss this opportunity to unlock the power of personality and transform your workplace for the better.



Dr Mike Drayton is an executive coach and business psychology expert who can enhance leadership skills and advance careers by boosting creativity, decisiveness, and resilience.

He speaks about applying psychology to leadership and has written three books that provides practical strategies based on scientific research to prevent burnout and enhance performance in organisations.



TAKEAWAYS

- 1 A deeper understanding of personality differences and learning how to manage them can lead to improved communication and collaboration within the workplace.
- 2 Greater awareness of one's own personality and how it may affect interactions with others which is essential for personal and professional development.
- 3 Problem-solving strategies to effectively manage personality differences.
- 4 Embracing and valuing the diversity of personalities in a team, leading to a more dynamic and innovative workplace culture.

WHO IS IT FOR?

This keynote or workshop is tailored for a general business audience, with a focus on leaders and managers.

HOW CAN IT BE DELIVERED?

This topic can be delivered in various formats such as a keynote, full or half-day workshop, or a team away-day or offsite.



A handwritten signature in black ink that reads "Dr Mike Drayton". The signature is fluid and cursive, with a long horizontal line extending from the end of the name.

**Business Psychologist
& Executive Coach**



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