

THE HIDDEN PSYCHOLOGY OF TEAM DYNAMICS: HOW EMOTIONS IMPACT WORKPLACE EFFECTIVENESS

The emotional atmosphere of a workplace will determine how effective that workplace is.

Looking for a keynote speaker to help your team unlock their full potential?

The emotional atmosphere of a workplace is a critical factor in determining its effectiveness. Unlock your team's full potential by understanding and managing emotions at work with Dr. Mike Drayton's insightful presentation.

Dr. Mike Drayton delves deep beneath the surface to reveal the hidden emotional dynamics of the workplace and their profound impact on team performance. The emotional atmosphere significantly influences employee productivity, motivation, and overall job satisfaction. A positive and supportive work environment fosters increased engagement and motivation among employees, while a negative or toxic atmosphere can result in high turnover rates and low morale. It is crucial for leaders to create and maintain a positive emotional atmosphere in the workplace to promote employee well-being and productivity.

Through real-life examples and engaging anecdotes, Dr. Drayton will teach you how to reinvigorate a faltering team, transform conflict into creativity, and minimise burnout. You will leave the presentation with a newfound understanding of your team's psychology and the tools needed to lead them to success.

Book Dr. Mike Drayton today and empower yourself with the knowledge and skills to create a thriving, emotionally intelligent workplace.

Discover what's really going on beneath the surface of your team.

Dr Mike Drayton is an executive coach and business psychology expert who can enhance leadership skills and advance careers by boosting creativity, decisiveness, and resilience.

He speaks about applying psychology to leadership and has written three books that provides practical strategies based on scientific research to prevent burnout and enhance performance in organisations.



TAKEAWAYS

- 1 Increased awareness and understanding of emotions in the workplace and their impact on the performance of individuals and teams.
- 2 Improved ability to manage and regulate emotions, leading to more positive and productive interactions with colleagues.
- 3 Enhanced communication skills, with a focus on empathy and active listening.
- 4 Greater ability to resolve conflicts and build effective working relationships with team members.

WHO IS IT FOR?

This keynote or workshop is tailored for a general business audience, with a focus on leaders and managers.

HOW CAN IT BE DELIVERED?

This topic can be delivered in various formats such as a keynote, full or half-day workshop, or a team away-day or offsite.



**Business Psychologist
& Executive Coach**



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